

Allergy Testing Instructions:

**DO NOT TAKE** Loratadine (Claritin, Claritin-D, Alavert) for **7 days** prior to your test.

**DO NOT TAKE** Hismanal for **6 weeks** prior to your test.

Do not take for **3 days** prior to your allergy test:

Antihistamines or anything containing one (see attached list)

Antidepressants (Check with allergy nurse)

Ibuprofen (Advil, Motrin, etc.) and Nonsteroidal anti-inflammatory drugs

Aspirin, Excedrin or Alka-Seltzer

Large doses of Vitamin C

You may take the following medications up to the time of your test:

Nasal steroid spray

Asthma medications (try to avoid for 6 hours before the test)

Tylenol (regular or extra-strength only)

Birth control pills

\*Blood pressure medications (except as noted on the attached sheet)

Hormones

Fluid pills

Plain decongestants (those with no antihistamines)

\*If you take Beta Blockers (see attached list) you cannot have allergy testing or injections. Please discuss this with the allergy nurse before your test or any allergy injections. Also, please notify the allergy nurse if you have any cardiac problems, take cardiac medications, or have a pacemaker.

The test will take from 2 to 3 hours. Please wear something short-sleeved or sleeveless and bring a pair of shorts. When being seen in the allergy office for either testing or treatment, please do not wear scented products (body lotion, perfumes, cologne, hair spray, etc.) which may affect your fellow patients. If it is necessary to cancel your test, please notify us at least 24 hours prior to your appointment. If your test is scheduled on a Monday, please leave a message with our answering service. If we are not notified and you do not show up for your appointment, there will be a \$100.00 missed appointment charge. Please complete the history questionnaire, and any other paperwork that you were given and bring them with you the day of the test.

Please call us if you have any questions.

## DRUGS THAT INTERFERE WITH ALLERGY TESTING

Antidepressants-OMIT for 3 days prior to allergy testing. Please check with your prescribing physician before stopping antidepressants.

Please advise the allergy nurse if you are taking Tricyclic Antidepressants

### Tricyclic Antidepressants

Adapin (doxepin Hcl)  
Anafranil (Clomipramine Hcl)  
Asendin (Amoxapine)  
Elavil (Amitriptyline Hcl)  
Etrafon (Perphenazine & Amitriptyline)  
Limbitrol (Chlordiazepoxide & Amitriptyline HCL)  
Norpramin (Desipramine Hcl)  
Pamelor (Nortriptyline)  
Sinequan (Doxepin Hcl)  
Surmontil (Trimipramine)  
Tofranil (Imipramine Hcl)  
Triavil (Perphenazine & Amitriptyline Hcl)  
Vivactil (Protriptyline)

Antihistamine containing medications-OMIT for 3 days prior to allergy testing.

Actifed	Naldecon
Allegra	Nolahist
Atarax	Novahistine
Atrohist	Nolamine
Axid	Optimine
Benadryl (Diphenhydramine)	Pepcid
Chlorpheniramine	Phenergan
Chlor-Trimeton	Poly-Histine
Comhist	Rondec
Deconamine	Ru-Tuss
Dimetapp	Tagamet (Cimetidine)
Dramamine	Tavist I
Excedrin PM	Tavist D
Isoclor	Teldrin
Kronofed A	Tylenol PM
Kronofed A Jr.	Zantac
Marax	Zyrtec
Midol PM	

\*Please NOTIFY the Allergy Nurse AT ONCE if you are taking any of the following medications:

**BETA BLOCKERS-for hypertension**

BETAPACE (sotalol Hcl)	NORMODYNE (labetalol)
BLOCADREN (timolol maleate)	NORMOZIDE (labetalol)
BREVIBLOC (esmolol)	PROPRANOLOL (generic)
CARTROL (carteolol Hcl)	SECTRAL (acebutolol Hcl)
CORGARD (nadolol)	SOTALOL (generic)
CORZIDE (nadolol)	TENORMIN (atenolol)
INDERAL (propranolol Hcl)	TENORETIC (atenolol)
INDERIDE (propranolol Hcl)	TIMOLIDE (timolol maleate)
KERLONE (betaxolol Hcl)	TOPROL-XL (metoprolol)
LABETALOL (generic)	TRANDATE (labetalol)
LEVATOL (penbutolol sulfate)	VISKEN (pindolol)
LOPRESSOR (metoprolol)	ZEBETA (bisoprolol)
METOPROLOL (generic)	ZIAC (bisoprolol)
NADOLOL (generic)	

**OPHTHALMIC BETA BLOCKERS-for glaucoma**

BETAXAN (betaxolol)	BETOPTIC (betaxolol)
BETAGAN (levobunolol)	TIMOPTIC (timolol)
COSOPT (timolol)	